



OMGMA's 52<sup>nd</sup> Conference – Together Again

**Wednesday, September 21 to Friday, September 23, 2022**

Hilton Mississauga Meadowvale

Educational program begins Wednesday morning and ends Friday morning

Conference includes Wed and Thurs dinners and evening entertainment

Updated July 4, 2022

Your educational program will include:

Session description	Presenter
<p><b>Is Your Underwear Too Tight?</b></p> <p>Defending the upside of being a “control freak” just may be a flag that you need to loosen your underwear</p> <p>With all eyes on you as the fearless leader, unrealistic expectations can be projected on to you, causing you to be overwhelmed, lose focus, mishandle some situations, take on unhealthy habits, and occasionally experience imposter syndrome.</p> <p>The powerful 4 rooms letting go formula will help you minimize your leadership hazards, so you rise above the ongoing pressure to maximize your peak potential. When “your underwear is loose,” you have the ability to be more creative, playful, resourceful, focused, approachable, and more effective overall.</p> <p>Examples of what you’ll learn:</p> <ul style="list-style-type: none"> <li>• How control issues negatively affect your wellbeing</li> <li>• How to discover the source of not letting go</li> <li>• Mindful leadership techniques to create more contentment and focus</li> <li>• How to ask for and receive constructive feedback</li> <li>• Self-care strategies</li> <li>• How to create an action plan</li> </ul>	<p><b>Cate Collins</b></p> <p>As a recovered burned-out leader, Cate wants to help leaders be more resilient, courageous, and confident, so they make better decisions, own their power, and experience more optimum health.</p> <p>Cate is a professional speaker, coach, and CEO of Powerful Journey Consulting. She has been serving the real-life needs of organizational leaders for almost 25 years. With a background in behavioral science, and 17 years of experience as a counselor, Cate looks at leadership from the inside out.</p>

<p><b>Humanity in the Workplace</b></p> <p>Create more meaningful connection for greater belonging</p> <p>Details to come</p>	<p><b>Cate Collins</b></p>
<p><b>Workplace Psychological Health and Safety – Supporting Staff Retention, Mental Health, and Stay at Work/Return to Work Programs</b></p> <p>Learn about new and emerging programs, resources, and tools to elevate workplace health and safety, retention, mental health, and human resource practices by adopting psychological health and safety (PHS) prevention at the workplace.</p> <ul style="list-style-type: none"> <li>• Learn how to navigate a PHS program and supporting elements related to best practices for prevention, intervention, and recovery and supporting burnout prevention and resiliency.</li> <li>• Explore tools and resources, including policies, procedures, and checklists to support PHS program development and implementation.</li> <li>• Explore emerging practices related to stay at work and return to work programs using a psychological health and safety prevention approach: <ul style="list-style-type: none"> <li>○ Learn how to build stay at work/return to work program elements to provide meaningful and safe work, in line with worker cognitive, physical, and psychosocial abilities</li> <li>○ Understand processes and tools for identifying the cognitive and psychological job demands.</li> </ul> </li> <li>• Receive take away and direct access tools and resources: <ul style="list-style-type: none"> <li>○ PHS policy template</li> <li>○ PHS program framework</li> <li>○ PHS program Getting Started Checklist and link to program guide</li> <li>○ Access to consulting resourcing to support the identification of cognitive, psychological, and physical job demands</li> </ul> </li> </ul>	<p><b>Public Services Health and Safety Association</b></p> <p>PSHSA Health and Safety Consultant to be determined closer to the date</p>

## What's on Kate's Desk? Update on Privacy and Risk Management for Medical Groups

Learn about the hottest legal topics and issues faced by medical practices recently, delivered with practical solutions for you to avoid having to call Kate!

- Virtual care
- Patient rights to their records
- Split families
- Setting behavioural limits with patients

From privacy to managing disputes, Kate is on top of what's new and relevant and will leave lots of time for questions.

## Kate Dewhirst

Kate's mission is bringing the law to life. She makes legal theory understandable, accessible, and fun!

Disputes in health care are messy and complicated, and worries about the law will eat your time and sap your energy. Kate is well known for her sound and helpful advice and training to healthcare organizations.

## An update from Ontario Health

Matthew Anderson (President and CEO) and Dr. Sacha Bhatia (Population Health and Value-Based Care Executive) will:

- Remind you of Ontario Health's structure, mandate, and strategic priorities
- Highlight lessons learned during the COVID-19 pandemic response
- Outline key system challenges as we work towards pandemic recovery

Topics will focus on issues that affect medical clinics, OHTs, digital health, etc. and will be refined closer to the date.

## Matthew Anderson

Matthew Anderson is President and CEO at Ontario Health, an experienced health care leader, and an advocate for positive change.

Matthew has been working in health care since 1992. Before joining Ontario Health, he was President and CEO of Lakeridge Health. He spent three years overseeing the operation of five hospitals with four emergency departments and more than 5,000 physicians and staff. He has also held leadership roles at University Health Network, the Toronto Central Local Health Integration Network, and William Osler Health System.

## Dr. R. Sacha Bhatia

Sacha is charged with helping advance Ontario Health's commitment to overall

	<p>population health with a special focus on the equitable distribution of healthcare.</p> <p>Sacha helps support the implementation of Ontario Health Teams and is responsible for new models of care, the expansion of virtual care, and Ontario Health’s collaboration with primary care partners, focused on the social determinants of health.</p> <p>Before joining Ontario Health, Sacha was Chief Medical Innovation Officer and Interim Executive Lead of Academics at Women’s College Hospital. He is also a staff cardiologist at University Health Network.</p>
<p><b>Human Rights, Attendance Management, COVID-19 and Beyond</b></p> <p>Human rights and attendance management issues in the workplace are among the most common and challenging. The COVID-19 pandemic only made it worse. Add new and emerging workplace laws and requirements, and it’s a wonder any office manager can keep up.</p> <p>Your presenters will decipher it all, including what is legally required, common pitfalls to avoid, and best practices.</p> <p>Join us as we discuss:</p> <p><b>Human Rights Accommodation</b></p> <ul style="list-style-type: none"> <li>• Family status: When and how must an employer accommodate a request related to family care?</li> <li>• Disability: Accommodating mental health related to, or exacerbated by, the pandemic.</li> </ul> <p><b>Absenteeism and Attendance Management</b></p>	<p><b>Allyson Lee and Jeffrey Stewart</b></p> <p>Allyson and Jeffrey practice with Sherrard Kuzz LLP, one of Canada’s leading employment and labour law firms representing employers.</p> <p>Sherrard Kuzz LLP is recognized nationally and internationally by Canadian Lawyer®, Chambers Global®, Lexpert®, Best Lawyers®, Who’s Who Legal®, and Legal 500®, and as a 5-Star Safety Law Firm for excellence in occupational health and safety by Canadian Occupational Safety®.</p>

<ul style="list-style-type: none"> <li>• When can an employee be terminated for a long-term absence?</li> <li>• How to effectively use an attendance management program to address persistent and periodic absenteeism.</li> </ul> <p><b>Legislative Update</b></p> <ul style="list-style-type: none"> <li>• New Employment Standards Act, 2000 requirements related to disconnecting from work and electronic monitoring.</li> <li>• Case law update on mandatory vaccination policies in unionized and non-unionized workplaces.</li> </ul>	
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Other sessions being planned
<b>Peer-to-peer networking</b> and small group discussion – meet other members who manage a clinic/team like yours
<b>A member-led panel discussion</b> – specific topic(s) to be decided, possibly employee morale/satisfaction/retention
<b>Visits to the Exhibitor Showcase and breakout presentations</b> by suppliers of products and services
<b>The Annual General Meeting of the membership of OMGMA</b>